VOLLEYBALL INJURY REPORT FORM M-10

Event:	Team:	
Match: VS Date:	First Name Team Doctor:	Last Name
e-mail:	Any injury?	O If "YES", please complete information below
Г	Definitions & Code	S
Т	ime of injury - Training Match	
layer shirt #: Setter#: Op	posite #: Outside hitter #:	Middleblocker#: Libero #:
NOTE: An injury is defined as any physical	complaint sustained by a player during the n	natch or during training prior to the mat
Head and trunk	INJURY LOCATION- INJURED BODY PART:	Lower extremity
 □ 1. face (incl. eye, ear, nose) □ 2. head □ 3. neck/cervical spine □ 4. thoracic spine/upper back □ 5. sternum/ribs □ 6. lumbar spine/lower back □ 7. abdomen □ 8. pelvis/sacrum/buttock 	Upper extremity 11. shoulder/clavicle 12. upper arm 13. elbow 14. forearm 15. wrist 16. hand 17. finger 18. thumb	□ 21. hip □ 22. groin □ 23. thigh (a: anterior/p: posterior) □ 24. knee (m: medial/l: lateral) □ 25. lower leg (a: anterior/p: posterior) □ 26. Achilles tendon □ 27. ankle (m: medial/l: lateral) □ 28. foot/toe
TYPE OF INJURY- DIAGNOSIS: 1. concussion (regardless of loss of consciousness) 2. fracture (traumatic) 3. stress fracture (overuse) 4. other bone injuries 5. dislocation, subluxation 6. tendon rupture 7. ligamentous rupture 8. sprain (injury of joint and/or ligaments) 9. lesion of meniscus or cartilage 10. strain/muscle rupture/ tear 11. contusion/ haematoma/bruise 12. tendinosis/tendinopathy 13. arthritis/synovitis/bursitis 14. fascitis/aponeurosis injury 15. impingement 16. laceration/abrasion/skin lesion 17. dental injury/broken tooth 18. nerve injury/spinal cord injury 19. muscle cramps or spasm 20. other	CAUSE OF INJURY- DIAGNOSIS 1. overuse (gradual onset) 2. overuse (sudden onset) 3. non-contact trauma 4. recurrence of previous injury 11. contact with another athlete: a. same team b. another team 12. contact: moving object (eg.ball) 13. contact: stagnant object (eg.net,post) 14. violation of rules (foul play) 21. field of play conditions 22. hall environmental conditions 23. equipment failure 24. other	SEVERITY - EXPECTED DURATION O ABSENCE FROM TRAINING OR COMPETITION(IN DAYS): 2: 2 days 7: 1 week 14: 2 weeks 21: 3 weeks 28: 4 weeks >30: more than 4 weeks >180:6 months or more
		SIGNATURE TEAM DOCTOR

rights in accordance with Article 15 et seq. GDPR, please read our Data Protection Information available at https://en.volleyballworld.com/privacy-policy.

Player Signature

Player's name	Signature	Date